Málsnúmer: 2609126
Móttekið: 30.9.2026

Styrkumsókn - Menningar- og ferðamál

Almennar upplýsingar

Nafn

Greta Lietuvninkaité

Netfang

write.it.out.greta@gmail.com

Ég sæki um fyrir hönd annars aðila

Nafn

Kennitala

Samstarfsaðilar

"Skriða" bókaútgáfa

Verkefni

Heiti verkefnis

Ritsmiðja "Write it Out"

Áætluð lok verkefnis/dagsetning viðburðar

19.12.2026

Lýsing verkefnis/viðburðar

Ritsmiðja "Write it Out" is a well-established social enterprise, operating in the Westfjords since 2019. The main goals of the writing studio are to boost psychological well-being and prompt socializing routine, which focuses on personal growth and emotional regulation. Following the recent successful collaboration with the publishing house "Skriða" (event report below), the intention is to host another reflective writing workshop for the Patreksfjörður local community, during the dark season.

Hvernig er verkefnið undirbúið?

The plan is to host a 2-hour-long workshop, open to local community free of charge. The project´s partner - Skriða - offers a space for such an activity to ensure there are no challenges in finding a suitable place. Once the funding is secured and the date is set, both "Skriða" and "Write it Out" teams start the promotion of the event, using posters and social media platforms. The facilitator Greta Lietuvninkaite arrives to Patreksfjörður from Ísafjörður to host the reflective writing workshop.

Hvernig tengist verkefnið sveitarfélaginu Vesturbyggð?

The project directly supports Patreksfjörður community´s need to socialize, learn new emotional regulation skills, and practice arts. The project would take place right downtown, so it would be accessible to all local groups, regardless of their residence, health status, or financial situation. Moreover, it encourages the residents to support the local business Skriða and familiarize themselves with its services and products.

Hvernig eflir verkefnið menningar- og/eða ferðamál í Vesturbyggð?

Ritsmiðja "Write it Out" supports the culture of Vesturbyggð in a way that it offers a space to practice the arts as well as learn useful techniques for personal growth that are extremely important for mental health support. Combining psychology and artistic expression is a great way to add value to Vesturbyggð´s winter season.

Kostnaðaráætlun

Áætlaður heildarkostnaður verkefnis	Áætlaðar heildartekjur verkefnis	Umbeðin styrkupphæð
59500	0	59500

Kostnaðaráætlun

The project is planned intentionally not to gain profit, but to offer an activity free of charge for the locals. The costs could be split into two parts: work hours and other costs. Work hours consist of marketing (2x5000), facilitation hours (2.5x5000) and organizing hours (2x5000). The other costs consist of venue rent (5000 kr a day), travel costs and accommodation (20.000 kr) and workshop materials (2000 kr). The total costs of one reflective writing workshop, set in Patreksfjörður free of charge for the participants, are 59,500 kr.

Staðfesting og fylgigögn

Ég staðfesti að upplýsingarnar í umsókninni eru réttar

✔

Ég hef kynnt mér úthlutunarreglur styrktarsjóðsins

✔

Fylgiskjöl

Event report August 4th 2026_Write it Out.docx

Financial Plan for 2026 october Write It Out in Patreksfjordur.xlsx

Skrá	Lýsing
Event report August 4th 2026_Write it Out.docx	
Financial Plan for 2026 october Write It Out in Patreksfjordur.xlsx	

Um umsóknina

Staðfestingarnúmer: 1570 **Staðfestingarmáti:** Rafræn skilríki í farsíma **Dagsetning:** 30.9.2026 10:31:55